FAMILY DISASTER PLAN

Immediate Evacuation

- Find all family members (are they all home?)
- Get disaster preparedness kit and any special items
- Find your pet(s)
- Bring cell phone and radio if not in your kit
- Get prescription medication for you and your family
- Remember your family’s escape route
- Find your family meeting place: 1) outside the home, or 2) outside neighborhood
- Turn off the gas, if necessary

Less Immediate

- Turn off utilities, if necessary
- Leave a note for others if you will not be returning
- Turn on the radio for reports

DURING A DISASTER

Keep in a visible location or with your kit.

California State Assembly
Tasha Boerner Horvath
Assemblymember, 76th District

Dear Neighbor,

North County is vulnerable to all kinds of potential disasters, including wildfires, earthquakes and tsunamis. These disasters can wreak havoc, causing people to lose homes and putting loved ones at risk.

During the first few hours or days following a disaster, essential services may not be available. Preparation for any disaster, whether natural or man-made, can save lives and protect your property. Having a plan and knowing the risks are vital.

Use the information, forms, and checklists in this mailer to help prepare for a major disaster, and to know what to do after disaster strikes.

For additional information about how the office can assist you, please call (760) 434-7605.

Fire Safe Council San Diego

FIRE Safe Council San Diego
firesafesdcounty.org

2-1-1

211sandiego.org

Governor’s Office of Emergency Services

caloes.ca.gov

American Red Cross

tacross.org

Centers for Disease Control Public Inquiries

emergency.cdc.gov

(800) CDC-INFO | (800) 232-4636

Tasha Boerner Horvath

Assemblymember, 76th District

325 Carlsbad Village Drive, Suite A-2

Carlsbad, CA 92008

(760) 434-7605  ·  asmdc.org/boernerhorvath

Capitol Office: State Capitol
P O Box 942849, Sacramento, CA 94249-0076
(916) 319-2076

FAMILY DISASTER PLAN

AFTER A DISASTER

- Make sure it is safe before you return to your home—contact local police, fire departments, or disaster relief agencies for information.
- Register as “Safe and Well” with the American Red Cross, so your family and friends will know your status and can obtain your contact information. Utilize the Red Cross and local services to locate lost loved ones. Visit www.redcross.org for more information.
- Contact your insurance provider to make a claim for damaged property.
- After life has returned to normal, evaluate what happened during this emergency for what worked well and what should be changed or altered when preparing for the next potential disaster.

For More Information…

Ready San Diego
readyandsdgo.org

FIRE Safe Council San Diego
firesafesdcounty.org

2-1-1

211sandiego.org

Governor’s Office of Emergency Services
caloes.ca.gov

American Red Cross
redcross.org

Centers for Disease Control Public Inquiries
emergency.cdc.gov

(800) CDC-INFO | (800) 232-4636

Tasha Boerner Horvath

Assemblymember, 76th District

325 Carlsbad Village Drive, Suite A-2

Carlsbad, CA 92008

(760) 434-7605  ·  asmdc.org/boernerhorvath

Capitol Office: State Capitol
P O Box 942849, Sacramento, CA 94249-0076
(916) 319-2076

ASSEMBLYMEMBER, 76TH DISTRICT

Assemblymember.BoernerHorvath@assembly.ca.gov

District Office:
325 Carlsbad Village Drive, Suite A-2, Carlsbad, CA 92008
(760) 434-7605  ·  asmdc.org/boernerhorvath

Assemblymember.BoernerHorvath@assembly.ca.gov

Capital Office: State Capitol
P O Box 942849, Sacramento, CA 94249-0076
(916) 319-2076
In the event of an emergency, answers to these questions will need to be automatic:

• Where will you meet loved ones if your home is unavailable?
• Who should your children trust if you cannot get to them?
• How will you know where to go should you evacuate?
• What should you bring with you?

Put your answers to these questions into a family disaster plan. Be sure to:

• Teach your children how to call 9-1-1 and who to contact in the event of an emergency.
• Practice evacuation from your home and the route you will travel to escape the emergency.
• Consider your pets.

Fill in the attached tear-off sheet and keep it in your emergency kit to help you remember your plan in the event of an emergency.

Consider two kits. The first kit should include everything you will need to stay where you are and make it on your own for at least three days. Prepare a second kit that you can take should you need to evacuate. Check your kit at scheduled intervals for expired supplies. Your kit should be lightweight (without the food and water), portable and should contain the following:

**Non-perishable Food and Water for Three Days**
- Store at least one gallon of water per person per day.
- Store ready-to-eat canned food with a can opener, staples and high-energy foods.

**First Aid Kit**
- Include medications, medical supplies, and prescriptions that include dosage and treatment information.

**Tools and Supplies**
- Disposable plates, cups and utensils, battery operated radio and flashlight with extra batteries, utility knife, matches in a waterproof container, maps with evacuation routes clearly marked, cash and coins, glasses or contact lenses, high-energy foods, non-perishable food and water, portable radio and flashlight with extra batteries, utility knife, matches in a waterproof container, maps with evacuation routes clearly marked, and a fire extinguisher.

**Clothing and Bedding**
- One complete change of clothing and footwear per person, along with blankets or sleeping bags.

**Special Items**
- Keep important documents, such as insurance policies, birth certificates, passports, bank account numbers and credit card numbers in a waterproof and fire-proof lock box or other portable container.
- Some families have special needs for the elderly or young children.
- Make sure to stock up supplies for your pets.